ये अव्यक्त इशारे

सहजयोगी बनना है तो परमात्म प्यार के अनुभवी बनो

10-08-2025

लवलीन स्थिति वाली समान आत्मायें सदा के योगी हैं। योग लगाने वाले नहीं लेकिन हैं ही लवलीन। अलग ही नहीं हैं तो याद क्या करेंगे! स्वतः याद है ही। जहाँ साथ होता है तो याद स्वतः रहती है। तो समान आत्माओं की स्टेज साथ रहने की है, समाये हुए रहने की है।

In order to be an easy yogi, be experienced in God's love.

Souls who are equal and have the stage of being merged in love are constant yogis. They are not those who have to make effort to have yoga, but those who are merged in love. They are not separate, so why would they have to remember? There is natural remembrance. Where there is companionship, there is natural remembrance. The stage of souls who are equal is of staying together and of being merged.

