





अशरीरी व विदेही स्थिति का अभ्यास बढ़ाओ

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जैसे बाप को सर्व स्वरूपों से वा सर्व सम्बन्धों से जानना आवश्यक है ऐसे ही बाप द्वारा स्वयं को भी जानना आवश्यक है। जानना अर्थात् मानना। मैं जो हूँ, जैसा हूँ, ऐसे मानकर चलेंगे तो देह में विदेही, व्यक्त में होते अव्यक्त, चलते फिरते फरिश्ता वा काम करते हुए कर्मातीत स्थिति बन जायेगी।

Increase the practice of the bodiless stage (ashariri and videhi)

Just as it is essential to know the Father in all His forms and in all relationships, in the same way, it is also essential to know yourself through the Father. To know means to accept. If you move along while considering yourself to be as you are and how you are, you then create a stage where you are able to remain bodiless while in your body, be avyakt while in the vyakt (physical body), be an angel while walking and moving around and karmateet while performing actions.