

Experience: Opening the Akashic Record

The following is a detailed report of Kriti's experience and what she learned as she got her Akashic record opened by a trans-medium (a reader).

The Story: Kriti, who recently got married and moved to Pune, away from her family, felt unable to continue her marriage due to several general reasons. She didn't feel a sense of family with her in-laws, nor did she feel loved by her husband and his family. Her mother-in-law was overly possessive, constantly keeping her son's attention for herself. Since the marriage was only five or six months old, Kriti thought it wise to give herself some time. She began seeking help from a counselor and eventually got connected to me.

She described her situation before and after marriage. She was genuinely upset, crying, feeling lonely, and uncertain about whether to discuss her troubles with her parents. As usual, I discussed with her the basic concepts of spirituality, including the law of karma and reincarnation, and offered counseling on relationships. I advised her to practice **affirmations** (swaman) and a special meditation focused on forgiveness.

Kriti then asked about the 'Akashic Records', which she had heard about while seeking help. Although I knew what the Akashic Records are, I had no personal experience with them. I explained the concept to her and provided the email address and phone number of an Akashic Record reader, in case she wanted to follow up. The call was then concluded.

There was no further communication after that. Then, out of the blue, about 20 days later, Kriti called again to share something truly astonishing. She had consulted the Akashic Record Reader to gain insight into her husband and his family. The reading she received was a stunning 3D illustration of the 'Karmic Law'.

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A flashback: The reader revealed Kriti's past five lifetimes. Kriti and her husband had shared a similar relationship five lives ago. However, in that lifetime, Kriti was her husband's second wife. His first wife had died shortly after giving birth to a baby girl. Kriti, as the stepmother, initially treated the young girl well until she had children of her own. After having her own kids, Kriti's behavior towards her stepdaughter changed drastically. She mistreated her, kept her away from her father, denied her education, and more.

The assets of the girl's mother (the first wife of Kriti's husband), which rightfully belonged to the girl, were seized by her stepmother. The girl was then forcibly sent to live with her impoverished maternal grandmother, who couldn't provide a decent life or education. Although the girl's father was unhappy with this arrangement, he felt powerless to change it. Later, the girl was coerced into marrying a man twice her age, who was also a drunkard. As a result, despite having inherited her mother's and father's assets, the girl led a pitiful life. Her stepmother had effectively manipulated her father, depriving the girl of his love and blessings.

The Present: Kriti is married to the same person who was her husband five lives ago. Interestingly, the daughter from her past life is now her mother-in-law.

Understanding this connection provides clarity on the situation. Kriti is currently experiencing the consequences of her past actions towards her mother-in-law and husband. In her previous life, she had separated a daughter from her father and taken possession of the daughter's assets. She had also mistreated the girl, which had upset her husband. Now, everything is unfolding in a similar manner. Her mother-in-law is not allowing Kriti and her husband to have a close relationship. Kriti's husband doesn't show affection towards her, and their conversations are limited to financial matters. The dynamics are very similar to those from five lifetimes ago.

Kriti took some time to come to terms with the situation and accept it as her own karma, which had manifested as her *destiny*. Now, she was left with two choices: To either 'fight' or 'flee'. If left unaddressed, her karmas would continue to pursue her, no matter where or when. Therefore, it was rightly suggested that she practice 'forgiveness meditation' (seeking & giving thoughts of forgiveness) and *Swaman Abhyas* (healing affirmations). This would surely help her settle her accumulated karmas, particularly those related to this relationship.

Conclusion: The Law of Karma, often dismissed as a mere story, is actually at work in the universe. The reason we fail to acknowledge its existence is that they are unaware of the intricate mysteries of karma. As a result, they neglect to reflect on their actions. Karma is like a boomerang: whatever 'energy' you put out into the world will ultimately return to you.

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