



The Pen to Write Destiny



*Karma*

*(Actions)*

First Edition, November 2013, 2000 copies

**Author &Illustrator:**

Brahma Kumar Burhanuddin Ali  
Abu Road, Rajasthan

**Translator:**

CA. Deepika Ramachandran  
Muscat

**Publisher:**

Healthy Wealthy Happy Club, Ahmedabad  
Email: [healthywealthyhappyclub@gmail.com](mailto:healthywealthyhappyclub@gmail.com)

**Printer:**

Amba Offset, Ahmedabad

**This book available at:**

Farishta Collections, Opp. Shantivan, Abu Road  
Ph: (0) 98284 - 28024

© copyright: 'Healthy Wealthy Happy Club', Ahmedabad.  
No part of this book may be printed or used through any other mode  
without the permission of the publisher.



## Foreword

Presently, we are going through a transformation phase that marks the end of the Iron Age and the beginning of the Golden Age. This auspicious period is called the Confluence Age. It is at this time that God Himself incarnates on this earth to purify human souls and to reestablish Golden Age.

God, the Supreme Soul, is the Ocean of Knowledge. One of the important teachings that he is giving at the present time is the “Knowledge of the deep secrets of the Law of Karma”. Many instances occur in our lives – some good, some bad. An ordinary person considers these events to be the will of God. When something good happens in a person's life, he thanks God; and if something bad happens, he blames God. As explained in this book, God has given us this teaching that it is not Him who is responsible for the incidents occurring in anyone's life, but it is man himself. As the action a person sows, so the fruit he reaps. The Supreme Soul does not intervene in anyone's life. God is the Ocean of Happiness, how can He give sorrow to anyone?

This highly significant topic has been explained with the help of a beautiful story in this book. In addition to unveiling the secrets of Karma Philosophy, this book also throws light on other teachings of God. Other salient teachings of God are knowledge of the soul, introduction of the Supreme Soul, Rajayoga, the cycle of time, etc.

I sincerely hope that this book brings about positive change in your life and distinctive transformation in the way of thinking and approach to life. You will also understand how a person writes his destiny with the pen of actions.

It is our earnest request that you attain benefit from this book and also help your family and friends in attaining benefit by gifting them this book.

**- B.K. CA. Lalit Inani**



## The Pen to write Destiny- Karma

The financial capital of India is Mumbai, where on one side people live in tall buildings and skyscrapers, but on the other side people live in slums. In a small hut in one of those slums lived a seven year old boy, Birju, with his mother. His father had passed away a few years back. He was raised by his single mother all by herself. Birju's mother worked for daily wages as a laborer in a nearby building under construction.

Like any other day, today too, Birju accompanied his mother to her work at the construction site, unaware of the grief that is going to come his way today. On the way to the construction site, Birju saw a balloon-seller across the road. In joy, he left his mother's hand and ran off towards the balloon seller into the busy road filled with traffic. His mother ran after him hastily to save him. Then, came a sharp scream that silenced the entire place. That scream was not Birju's, but it was his mother's. When Birju turned back, he saw his mother's dead body lying on the road in pool of blood. Birju was crying, when he ran towards his mother's body. All of a sudden, he was alone in this world with no one to turn to. At a very young age, he became an orphan. His one mischief separated him from his mother forever. He had neither family nor friends.

Birju used to be a very naughty child. But after the death of his parents, he became very depressed. Life became a curse and a plight for him. Now he had to fend for himself. There was no one to take care of him.



Forlorn Birju stayed in his hut for many days, without food. But how long could he go on like this? Eventually he had to come out and do something to fill his stomach. He started working in a tea shop. The owner of the shop was a very hot-tempered man. He used to scold and beat Birju for petty matters.

One day, Birju broke a tea glass by mistake. The owner hit him mercilessly. Little Birju could do nothing, but apologize. In this manner, his entire childhood was lost in slavery.

One night, when Birju came back from his work, he found that his neighbor has taken possession of his hut. Birju wept bitterly and begged for mercy from the neighbor. But that did not change the stone-hearted neighbor's mind. He started thrashing Birju brutally. He threatened and scared Birju away.

Now Birju became homeless and started living on the footpath.

Everybody doomed Birju unlucky, as his father died within a few days of his birth and his mother died when he was very young. No one liked to be friends with him. Every day of his life brought with it a new problem for him.

Such adversities and acute sufferings in life made him very irritable and grumpy. Not even a day passed without Birju shedding tears over his unfortunate fate and blaming God. He held God responsible for everything that is happening with him.

His life continued in this manner.



As time passed, little Birju grew up into a young man. Having stumbled upon difficulties at every step, he became accustomed to problems in life. In spite of all the hardships, somehow he managed to build a hut for himself and he also started earning by selling tea in a pushcart. But he was not successful in this endeavor and only a few customers came to his tea shop, because of his irritable and grumpy nature. Hence, he earned very less income and for this too, he blamed his unfortunate fate.

Birju got married to a young woman named Rama. Rama was very bad-tempered and moody. She was also short-tempered, who got easily annoyed over trivial matters. Every day, she blamed Birju for his poverty. Her rude behavior towards him made him even more sad. Seldom did a day pass, without Birju and Rama fighting with each other.

Slowly Birju became addicted to alcohol. Whatever little he earned, he spent everything in liquor. This made Rama even more angry with him. Alcohol completely ruined his life.

Every day he used to come home very late at night and used to fight with his wife. He did not stop at this. Intoxicated by alcohol, many a time he also fought with his neighbours, as a result of which he went to jail several times. Even then, he never gave up liquor.

From childhood till now, Birju's life has been full of misery. He would have hardly smiled in his life. Everyone considered him to be unlucky and no one liked to speak with him.



One day, few cruel people came to his shop to drink tea. They rudely ordered Birju to give them tea. Birju served them tea. After tea, when Birju asked them to pay for tea, they got angry and started shouting at him. Birju too lost his temper and started yelling. This angered those men further. One of those men threw all his things on the road and overturned his pushcart. When Birju began to fight with them, all of them started to beat him. They hit him till he was about to collapse, after which they threatened him and left that place.

All those around were just spectators and no one came forward to help Birju. After a while, Birju regained consciousness. He gathered all his scattered things, kept them in a corner and left for his house.

By the time he reached house, it was evening. Gruntingly, he called his wife. When she came to know what happened that day, she started scolding him instead of consoling him. The entire neighbourhood was amused to see the two of them fight. Birju was even more distressed. The one person, from whom he was hopeful of consolation, also rejected him.

Birju could no longer endure such grief and misery. He looked at the sky in fury and started blaming God for all the unjust and unfair happenings in his life. He was yelling at God. Accusing God, he said, "O God, I have never done anything wrong to anyone all my life, yet only wrong things have happened to me. Why are You wronging only me?"

A little while later, with a heavy heart he went to a corner of his hut and cried himself to sleep.



Later that night, when everything was quiet, Birju heard an unearthly voice, which made him wake up from sleep. When he opened his eyes, it was luminous all around. In fact, it was as if he was transported to a different world. There was divine glow and heavenly silence in all four directions. Birju could not understand how and when he reached that world. He was talking to himself, “Where have I come? ... Have I died?” He looked at himself and everything seemed fine.

At that moment, he heard the heavenly voice again. Birju turned around to see who it was, but apart from him he could not see anyone else in that world. He got scared and asked at the top of his voice – “Who is this?”

Then, he saw a divine light appearing in front of him. From the divine light, spiritual radiance was spreading in all directions. For a while, Birju was lost in that beautiful spiritual feeling. The divine light was none other than Incorporeal Supreme Soul God Himself. God, the Supreme Soul, started conversing with Birju.

God: My sweet child, I am your Father.

Birju: How can You be my Father? My father died many years ago. Don't try to fool me. Tell me the truth, who are You?

God: I AM your Father, my child. The one, who died, was the father of your body. I am your Father, i.e., the soul's Father. I am the Father of the whole world. I am called as the Supreme Father, the Supreme Soul.





Birju: (Angrily) Oh, You are God! I'm very angry with You! You have given me nothing but sorrow throughout my life. From childhood till now, You have always wronged me. What wrong have I done to anybody that You are giving me so much misery? Have a little mercy on me!

God: (Soothingly) I am your Father. How can I give you sorrow? I am the ocean of happiness. I am the remover of sorrow and bestower of happiness. I remove everyone's sorrow and give happiness to the whole world. I never give any sorrow to anyone, my child.

Birju: (Sadly) You are the sustainer of the whole world, You are the giver of happiness and sorrow. If You are not giving me sorrow, then what is the cause of all my suffering?

God: (Lovingly) My child, sorrow and happiness are the fruits of one's actions (karma). I don't do anything in this. As you sow, so shall you reap!

Birju: But I have never given so much of sorrow to anyone in my entire life, nor have I done any sinful deed. Yet why do I have to suffer so much? I have seen nothing, but sorrow and misery since my childhood.

God: You are looking at only this present birth of yours. Whatever you are experiencing now is the fruit of the actions of your past births.

Birju: Past birth! What is that? Has there been any birth before this one for me?



God: Before knowing the secrets of previous births, it is important that you understand who you really are...

Birju: I do know who I am. I am Birju and I sell tea in Mumbai and I am the most unfortunate person on earth.

God: Considering yourself to be the body is your biggest mistake. In reality, no human being living in this world is the body. Everyone is a Soul, the imperishable sparkling being of light, residing in the body.

Birju: Soul...!

God: Yes, soul. You are a soul.

Birju: What is a soul?

God: Soul is the living divine energy that is operating the body. It is the soul that is performing good or bad actions through the body. In the incorporeal form, soul is a subtle point of light. Soul is imperishable. Soul never dies. Only the body dies.

When the body becomes old or when it is damaged by injury, then the soul leaves that body and takes another body. The process of the soul leaving a body is called as death; and the process of the soul taking a new body of a child is called as birth. This process of taking birth after birth is called rebirth. You have been in many births, before your present one.



Birju: Okay then, can You tell me what I was in my past birth and what previous actions of mine are causing me so much sorrow and misery now?

God: Yes, yes, why not! I have come before you to show you visions of the actions of your past births.

God showed Birju visions of his previous birth. He took Birju into the past to a palace. Birju saw a big palace before him. Birju had never seen such a magnificent palace in his present life. For a few minutes, he was admiring the palace.

Then, enthusiastically he asked God -

Birju: God, where have You brought me?

God: I am showing you visions of your previous birth. This is the city, where you lived in your previous birth.

God took Birju into the palace. There was high security everywhere in the palace. Whenever Birju saw somebody, he wondered if he was that person in his previous birth. He was very eager to see who he was in his past life. At that moment, many sorrowful screams were heard from somewhere inside the palace. Birju found those screams very disturbing and he asked God -

Birju: Where are these screams coming from?

God: These painful screams are coming from the prison in the palace.



God took Birju to the prison. The prisoners in the prison were being beaten very badly. Their screams were echoing all around. All the prisoners were begging for forgiveness from the guards.

Birju: For what crime are they being punished?

God: They revolted against their ruthless tyrant king Rajveer Singh. Hence, the king ordered them to be imprisoned and punished for going against him.

Birju: This is utter atrocity over these innocent people. Why don't You stop this atrocity?

God: That is not my work. All these are the results of karma. As a person sows, so he reaps. Whoever is committing such atrocity over these people will definitely get the fruit of that.

Birju: Does that mean that these prisoners have also performed such bad deeds, for which they are receiving such bitter fruits now?

God: That's true! Every person receives the punishment for his actions on this earth itself, either in the same birth or in the future births.

Birju: Lord, You brought me here to show me my past birth. Which one among these people is me?

God: (very kindly) You are very eager to see your past birth. But would you not want to see the king, who is so cruel to these innocent people?

Birju: Okay, whatever you say.

God took Birju into another room. There, king Rajveer Singh was sitting in the intoxication of alcohol. His ministers were also present and he was discussing some important matter with them.



Birju: Where have You brought me and who are these people?

God: This is the room of the king. He is sitting there, with his ministers around.

At the moment, a servant brought more liquor for the king. The king was in intoxication. He started scolding the servant for no reason. The servant listened to the king in silence and then left the place.

Birju: How ruthless this king is! Without any reason, he scolded the poor servant!

God: The king has lost his wisdom in the intoxication of alcohol. Alcohol makes a person commit sinful deeds, unknowingly. You also perform many wrongful actions under the influence of alcohol. Hence it is my request to you to stay away from alcohol. Alcohol does no good, but it harms a lot.

Birju: Okay, I will always pay heed to this teaching of Yours. Please tell me, why did You show me this scene?

God: Did you recognize the servant, who went from here just now?

Birju: No, I have never seen him before.

God: He is the owner of the tea shop, where you worked during your childhood in your present birth.

Birju: Is this the same tea shop owner, who used to always scold me and beat me for no reason? It serves him right! That sinner deserves only such a treatment!

God: (In an explaining manner) Don't get so excited. Leave what should or should not happen to a person to the Law of Karma. Whatever action a person performs, he will certainly receive the fruit accordingly - sweet or bitter. But why are you spoiling your state of mind for somebody else's action?

Birju: Okay...



Then God and Birju started listening to the conversation between king Rajveer Singh and his ministers. They were speaking about the public agitation in their city.

Minister: Your Majesty, all those youth, who influenced the public in the kingdom to revolt against you, have been arrested. Now please tell us, what punishment should be meted out to them?

King: It is good that such worthless people have been arrested. They should get the highest punishment for going against us, such that no one will dare to go against us again.

Minister: Very rightly said, Your Majesty. We should give them death sentence.

King: Okay, let all these people be hanged till death in public, where all the residents of the city can see them. Also warn all the residents of the kingdom that anyone daring to go against us will meet with the same fate.

Birju: Oh no... how atrocious and ruthless this king is! He has given death punishment to those people, without enquiring anything. How many people he would have punished like this! How many people would have suffered like this under his rule!

God: Did you recognise those prisoners, who are being given death punishment?

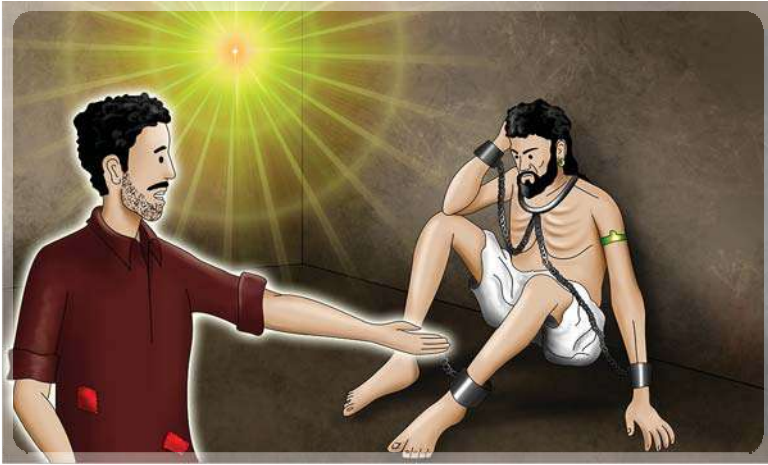
Birju: No, I don't know them.

God: They are the same people, who hit you brutally yesterday and damaged your pushcart and other things in your tea shop!

Birju: Are they really those brutes? They must get more severe punishment than what the king is giving them now!

God: Calm down Birju. Just now I taught you that everyone will get the fruit of his/her action automatically. It is not your job to worry about that.

Birju: But these people were very brutal to me. How can I forget their cruelty?



God: You will understand the deep secrets behind this in a little while. So be calm and patient now.

After this, God took Birju to a particular room in the palace prison. There was only one prisoner in that room and his condition was very pathetic and heart-rending. There was hardly any strength in his body. He was shackled in chains. Inconsolable distress was visible on his face. It was as if he had given up any hope for life.

Birju: Hey Lord, who is this man? His state is very piteous.

God: He is the elder brother of king Rajveer Singh.

Birju: Then, why is he in prison, in spite of being the elder brother of the king?

God: In fact, being the eldest child, he is heir apparent to the throne. He was worthy too. But Rajveer Singh conspired against him. Declaring his brother to be a traitor to the kingdom, Rajveer Singh imprisoned him and then crowned himself king.

Birju: This is outrage against his elder brother! This king is truly ruthless and tyrant! He didn't spare even his brother!

God: Now, can you guess who this brother is, in the present birth?

Birju: No, I don't know. Who is he?

God: In the present birth, he is your wife, Rama.

Birju: Oh, this soul is Rama in the present birth! She really has suffered a lot in her past birth, which might have made her hot-tempered and irritable. She keeps fighting with me for no reason. But Rama is a woman in the present birth, how could she have been a man in the past birth?

God: My child, the soul has no gender. Soul can take birth as a male or female. You also have taken birth as male many times and also as female many times.



God: Okay... having seen so many people, now can you tell me, who were you in the past birth?

Birju: After seeing all these people, I feel that I was king Rajveer Singh.

God: Yes, you are right. You were Rajveer Singh in your past birth.

Birju: I cannot believe how ruthless and atrocious I have been! I have committed so many sins!

God: You have only seen a little bit of your previous births. The atrocities you committed after attaining the throne are countless. You misused your power and imprisoned many people, seized many people's land and property, and demanded exorbitant tax from poor people.

Now, do you understand as to why you are suffering so much in your present birth. You gave sorrow to the entire society in your previous birth and now in the present birth, the entire society is giving you sorrow. In your past life, you never paid respect to your parents. Also, you deprived many innocent children of their parents and hence you became an orphan at a young age in this birth.

Birju: You have said it rightly. This present life of mine is the fruit of my actions in the past birth. I became king and committed many sins in the past birth. I'm very remorseful of my past birth. I'm disgusted at my past life.





God: There is no use in thinking about the past. It would be wise to think about improving your present with elevated actions, so that your future becomes bright.

Sweet child, now do you accept the fact that you alone are responsible for what you are experiencing in your present birth? I have never wronged you, nor have I given you any sorrow.

Tears filled Birju's eyes, as he listened to God. Now he realized his mistake. He bowed in front of God, the Supreme Soul, and begged for his forgiveness.

Birju: O God, please forgive me for blaming You. I didn't have the knowledge of my actions. I have always held You responsible for my misfortune. This is my biggest sin. O Merciful Lord, please forgive me for this sin. I promise You that now onwards I will never blame You or anyone else for my misfortune.

God: My child, I never considered it to be your fault. All the same, I forgive you.

Birju: Hey Lord, You are very kind-hearted... You are the ocean of mercy. I am highly indebted to You, for Your elevated teachings and guidance. Without Your guidance, I don't know how much more sins I would have committed!

God: Even though now you have the knowledge of karma, you have to endure the fruits of your past births.

Birju: This meeting with You has made my life blessed and fortunate. You have filled me with so much might that I am now ready to face every challenge in life.



Birju: Hey Lord, I have understood the cause of my sufferings, but can You tell me what actions entitled me to become a king?

God: Just as you reaped sorrow by sowing sinful deeds; in the same way, in the birth prior to that of the king, you did many good deeds as a result of which you became king. Before the birth as the king, you were a charitable person. You helped many people in that birth, as a fruit of which you received their blessings. Your elevated actions fetched a comfortable life for you in the next birth.

Birju: I need a clarification... if I was such a good man, then how did I become such a bad man in the next birth?

God: In your birth as the king, you grew up in the company of bad friends. A man is known by the company he keeps! You started losing your goodness, right from your childhood. You developed the habit of bossing people around. You became egoistic, bad tempered and cruel.

Birju: Is there any way by which a soul can remain happy in every life?

God: Sorrow after happiness and happiness after sorrow is destined. There is not even a single person in this world, who is ever happy; also there is no one, who is ever sad. Happiness and sorrow are the two phases of life and everyone has to go through them.



Birju: But there ought to be some way, by which a soul can be ever happy!

God: There is a way – “The knowledge of the deep secrets of the Law of Karma”. If a person keeps the Law of Karma in his awareness in all births and if always does good actions, then he can be ever happy.

But if a person does not have the knowledge of deeds and misdeeds, and if he performs both good actions and wrongful actions, then he has to endure the results of his actions.

Birju: O Supreme Being, can You please tell me - which actions are good and which are bad?

God: You have asked a very good question! Those actions, which bring happiness to self and others, are good. On the other hand, an action that causes sorrow to anybody, irrespective of whether it is intentional or unintentional, is a sinful deed. For example, any violent act like beating or hitting is a sinful deed. On the other hand, helping others or being benevolent to all falls under the category of good deeds. Even thinking ill of someone or speaking ill of someone is a misdeed.

Birju: What is the basis for a person to always perform good actions?

God: True knowledge illuminates the right path. Knowledge makes life virtuous and inspires good deeds. The basis for creating an elevated life is knowledge.



Birju: Is it not possible that the good action performed in one birth yields fruit in every birth?

God: (Gently) Looks like you will not leave Me today without understanding all the secrets about karma! Before answering your question, I would like to narrate a story to you.

Once upon a time, there was a king. He had two sons. A monk (Sanyasi) visited the kingdom of this king. The king extended wholehearted hospitality to the monk and took care of him devotedly. The monk was touched by king's warm hospitality. He gave the king two miraculous fruits and told him that eating those fruits increases life span. The king did not want the fruits for himself. So he gave the fruits to his two princes (one each), and told them about the specialty of those fruits.

Both the princes accepted their fruits respectfully. The elder prince quickly ate his fruit. The younger prince also ate his fruit, but he kept the seed carefully. He sowed the seed, which germinated in a few days, and grew into a tree in a few years. Now the younger prince had a lot of those miraculous fruits, with which he increased his lifespan many-fold.

God: Birju, what did you understand from this story?

Birju: The younger prince is very intelligent! He produced many fruits from one fruit. Had the elder prince done the same thing, he would also have had many fruits! But, what is the connection between this story and my question?



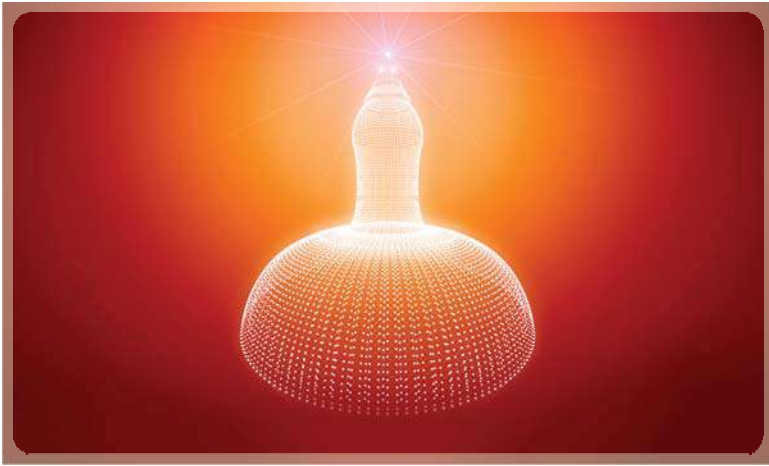
God: (Warmly) Listen... that miraculous-fruit is a result of good actions. Both the princes received same kind of fruits as a result of their actions of previous births. But one of them enjoyed it and finished it immediately; while the other one, in addition to enjoying the fruit immediately, planted the seed to get many fruits in the future. This means that, if a person has done good actions in any of the past births, then he will definitely receive a happy life; and if that person continues to perform good actions in the present birth too, then he will certainly receive happiness in the next birth also. However, if he performs wrongful actions in the present birth, then it is also certain that he will receive sorrow in the next birth, similar to what happened in your case.

Birju: Is it correct to say that... if a person has got a happy and wealthy life in the present birth, then he should not only enjoy it all by himself, but should perform good actions in the present life also in order to make his future life elevated.

God: You are correct. But actually, majority of the people are like the elder prince. They just enjoy the fruits of their past actions and finish it then and there.

Birju: Hey Lord, is there any means by which we can be liberated from the bondages of karma, once and for all? Would we have to keep taking rebirths?

God: No one can be liberated from the bondages of karma forever. Every soul coming into this world is bound by the bondages of karma. Death follows birth and birth follows death – this is destined. The cycle of birth and death is eternal and imperishable. It goes on constantly. This imperishable cycle keeps the world stable and in equilibrium.



Birju: You said, “Every soul coming into this world” ... Where do we souls come from? Don't we originally belong to this earth?

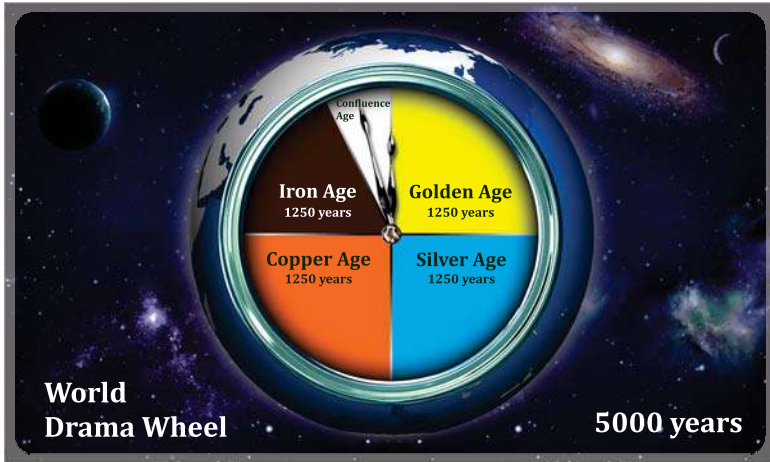
God: The real home of all souls is not the earth, but is the Paramdham, the Supreme Abode, which is very far away from the earth. This world, which is beyond the sky-sun-moon-stars, is also called the Brahmlok (the sixth element of infinite). That is My real abode as well as yours. Divine golden-red light pervades this world. In this world, all souls reside with Me, the Supreme Soul, in incorporeal form (detached from the bodies) like a shining point-of-light.

Saying this, God showed Birju the vision of the Supreme Abode. There was beautiful golden-red light everywhere. At the centre of that world, all souls were shining like stars. All the souls together formed the shape of an inverted tree and at the top of the inverted tree was the brightest star, the Supreme Soul. On seeing this, Birju totally lost the awareness of his body for some time. He experienced himself as the incorporeal being of light. He has never had such elevated spiritual experience. For a while, he was beyond the bondages of all karma. Then he came back into the consciousness of the body.

Birju: What a wonderful and divine experience! Hey Lord, what do souls do in this world?

God: Souls reside in peace in this world. Here, souls are in the state of liberation from karma. Souls are in their eternal incorporeal form. Souls reside in this world till the time is ripe for them to enter the world drama stage. At its destined time, a soul leaves the Supreme Abode to take birth on the earth.

Birju: Why did You call this earth as a drama stage?



God: Because this earth is like a drama stage. This is nothing, but an unlimited drama of all the souls. Just as the actors in a play put on their relevant costumes, enter the stage at their allotted time and play their respective parts; in the same manner the souls play their respective parts on this world drama stage.

Birju: If all of this is a play, then when does this play begin and when does it end?

God: This drama has neither beginning nor end. It is an eternal cycle of time that goes on constantly. There are four ages in this cycle of time – Golden Age, Silver Age, Copper age and Iron Age. The four ages form one cycle (Kalpa). The cycle repeats again and again eternally. The duration of each age is 1250 years and thus, the duration of the cycle is 5000 years.

Birju: Does that mean... that after the Iron Age, there will be Golden Age?

God: Rightly said! Golden Age follows Iron Age and this cycle goes on eternally. The most beautiful aspect about the cycle of time is that this world drama repeats identically every 5000 years.

Birju: What does this mean?

God: This means that whatever happened with you today, happened 5000 years before too and will repeat identically after 5000 years also. The role of every soul in this world drama is fixed and the soul replays this role every 5000 years. This is the eternal truth and the imperishable law of the world.

Birju: What a wonderful secret You have told me! Hey Lord, You were mentioning about the four ages... what happens in each of these ages?



God: In accordance with the nature of time, the cycle has been divided into four ages. The first of the four is the Golden Age. In the Golden Age, the entire world is in the highest state of purity (Satopradhan). There is complete happiness and peace everywhere. Nature is also in the highest state of purity. In this age, all humans are completely virtuous, divine to the extent of 16 degrees and completely pure. Hence they are called 'Deities'. In this age, even animals and birds are non-violent. Shri Lakshmi and Shri Narayan and their dynasty rule the world then. There is one kingdom, one language and one religion. As there is excellence in everything, this age is called as the Golden Age.

After this, God showed Birju the vision of Golden Age. There was greenery in all four directions. There were waterfalls and beautiful gardens. There were many palaces made of gold. In the garden, there were deities wearing dazzling dresses and dancing. The atmosphere was filled with fragrance of many flowers. Twitter of the birds sounded like sweet melody. Many Pushpak Vimaan (airplanes) were flying in the sky. Lions and cows were drinking water together from the same river. Birju was fully absorbed in the beauty of that world that he forgot himself.

Birju: How mesmerizing! How gorgeous! How happy the people here are! What happens next?

God: Change is the law of the life! As time passes, the world changes! Golden Age is followed by Silver Age. Even though there is happiness and peace everywhere in the silver age too, people are two degrees less divine than the people of Golden Age. That is, divinity is to the extent of 14 degrees here. Shri Sita and Shri Ram and the descendants of their dynasty govern the world. Golden and Silver Ages are together called as Heaven. In these two ages, everyone remains happy.





God: Copper Age comes after Silver Age. This is the start of sorrow and peacelessness in the world. Nature becomes second-grade (Rajopradhan) in Copper Age. Divine qualities reduce to the extent of 8 degrees here. With the onset of sorrow, people start worshipping Me (God) in this age. The path of worship or devotion starts first in Bharat and at the beginning, only I (Incorporeal God Shiva) am worshipped in the form of Shiv Lingam.

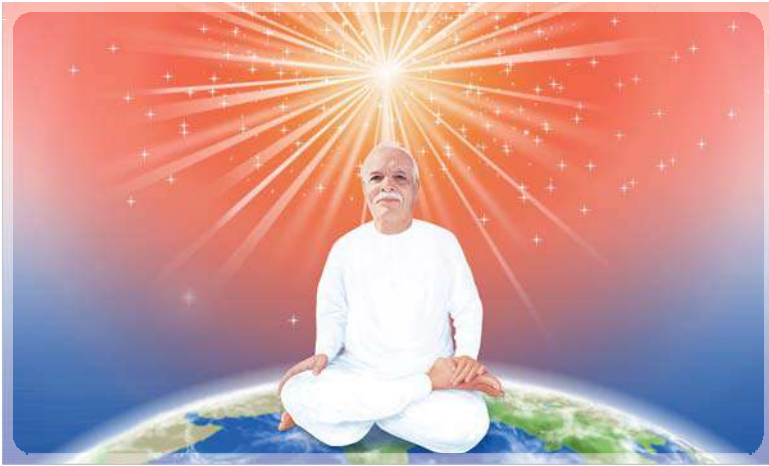
As time moves, worship of One God changes to worship of many deities. Many religions are established in this age. The world gets divided into many kingdoms. People start fighting among themselves in the name of religion and land. People, who were pure in Golden Age, have become impure now. The five vices- lust, anger, attachment, greed and ego - are present in everyone.

As time moves further, Iron Age follows Copper Age. Souls sink to the lowest grade (Tamopradhan). There is hardly any divine quality. Sorrow is predominant everywhere.

Birju: People say that the present era is Iron Age...?

God: Yes, the present era is indeed Iron Age. In fact, Iron Age is nearing its end. By this time all souls have descended on this earth and this is the time for Me to incarnate. Like I explained earlier, Iron Age is succeeded by Golden Age and the cycle starts anew again.

The short period between the end of the Iron Age and the beginning of the Golden Age is called as Confluence Age. That auspicious time is now, when the old cycle is coming to an end and the new cycle is going to commence. I have now come on this earth to establish the new world of Golden Age.



Birju: Have You really incarnated on this earth at the present times?

God: Yes, it's true that I have incarnated on this earth at the present times.

Birju: O God, in what form have You incarnated? What have You taken birth as?

God: I am unborn. I never take birth from a mother's womb. As I am incorporeal, I use the body of an experienced human as My medium, to complete My divine task of reestablishing the Golden Age.

Birju: Who is that fortunate human, whose body You are using as Your instrument for performing Your divine task?

God: That fortunate person is Prajapita Brahma, the Father of Humanity. He is the same soul, who was Shri Narayan at the start of the Golden Age. He is the most elevated of all human beings and hence I use his body as My medium. The present world is over-powered by vices and darkness. Every soul has become degraded. I have come to purify the impure and to take everyone back home to the Supreme Abode.

Birju: Has this world come to an end?

God: This is not the end of the world, but this is the end of the old iron-aged world. At the same time, it is the beginning of the new and pure golden-aged world. You have seen a short vision of that beautiful world. My sweet child, that new world is going to come soon.



Birju: Who can go to that golden-aged world?

God: Only those elevated souls, who in this Confluence Age recognize Me in this ordinary form, follow My elevated directions (Shrimat) and make their lives divine and pure again, can go to the golden-aged world.

Birju: Can I also go to that world?

God: Why not? Not only you, every soul on this earth can go to that world. If you follow My elevated directions (Shrimat), then you can also go to the Golden Age.

Birju: Hey Lord, what is Your elevated direction, by following which I can become the master of that world?

God: My important direction is 'Rajayoga'.

Birju: Rajayoga! What is that?

God: Rajayoga is the king of all yogas. This is not any difficult physical exercise like hathayoga. It is a very easy meditation practice. To concentrate the mind in My remembrance is Rajayoga. The method to practice Rajayoga is to stabilize oneself in the eternal form of soul and to remember Me in My true form of point-of-light. Through this practice, the string of one's mind gets connected to Me and My unlimited powers flow to the mediator. Regular practice of Rajayoga purifies the soul, by destroying the past sins.

Birju: Really? Will I be absolved of my sins through the practice of Rajayoga?

God: Yes, by practicing Rajayoga you can destroy all the sins of your past lives and become a Divine soul.



Birju: I'm very happy to hear this! Finally I will be able to realize my sins and destroy them. The thought of how to correct my past sinful actions has been troubling me for a long time now. O Highest on High, I am highly indebted to you. You have kindly given me this divine knowledge.

God: I am your Father. This was My duty.

Birju: O Lord, will I be able to meet You in the corporeal form in the present birth?

God: If you search for Me with a true heart, you will definitely find Me. Very soon you will meet such souls, who will tell you the right path to find Me.

Birju: Who are those souls? How can I recognise them?

God: Just have the wholehearted desire to attain Me and you will certainly attain Me. Those souls will one day bring My message to you. It is up to you to recognize them. For now I will take leave of you. Hope that you have understood the knowledge of karma. I will leave now. May you be ever happy!

On saying this, God left. It was as if He disappeared. Birju tried to stop Him, in vain. At that precise moment, he woke up from his sleep and found himself back in his hut. It was dawn and the sun rays were falling upon him through the window. He understood that his experiences were a dream. But he was still smiling. He talked to himself in his mind.

Birju: Was that all a dream? It doesn't matter. What a divine experience it was! It was indeed God, the Supreme Soul, who gave me such elevated knowledge in my dream. How fortunate I am! The vision of the Golden Age... the incorporeal experience... how wonderful they all were!



Birju was recollecting his wonderful divine experiences, when his wife Rama came. She started scolding him angrily –

Rama: What happened? Why are you so happy? Did you forget how those men hit you yesterday? There is not even a single grain of food in the house since yesterday and you are smiling! You don't care about anything!

Now that Birju has had such a divine experience, he continued to smile. He happily started to narrate his experiences to Rama.

Birju: Oh! Put aside all these useless matters. Do you know who came in my dream?

Rama: You are asking as if God Himself came in your dream!

Birju: Wow... your guess is right! God Himself came in my dream. He gave such divine and unique experience. He gave me the knowledge of the deep secrets of the law of karma. He also gave me the vision of the forthcoming new world. Do you know that, at this present time, he has incarnated in a divine manner on this earth? He told me that if I have the wholehearted desire to attain Him, then I will definitely attain Him.

Happily Birju shared all his experiences with Rama. But his hot-tempered and irritable wife could not understand anything. Instead she felt that Birju has become insane.

Rama: What funny things are you saying! I'm not able to understand anything. Looks like you have gone crazy after those thugs hit you on the head yesterday.

Birju: No, no, I'm not crazy. I really had divine experiences.

Rama: Stop arguing and get up now. Go earn something and bring money. Stop getting on my nerves!



Now that Birju had the knowledge of karma, he was not hurt by his wife's harsh words or rude behavior. Now he had only compassion for her. Compared to whatever Birju had done to her in the previous birth, her rude behavior was nothing. Keeping the past birth in mind, he lovingly apologized to his wife.

Birju: If you are not able to believe whatever I'm saying... no problem. Just know that my life has completely changed now. I have been very mean to you, both in the past birth and in the present birth. I'm very sorry for that. Please accept my apologies.

Rama was not able to understand the reason behind Birju's apologies. She became silent for a few minutes. Wondering about Birju's behavior, she got back to work.

Birju was very happy that day. He had forgotten all his bad experiences. He was not even feeling any physical pain caused by the wounds from the fight on the previous day.

Now there was only one thing in his mind – attaining God! With this passion, he went out of his home. His face was glowing with happiness and there was zeal and enthusiasm in his demeanor. As he was walking through the streets of the slum, all his neighbours were astonished to see him so happy like never before. Everyone was wondering as to how can Birju be so happy, after receiving brutal beatings the day before. Everybody paused their work to look at Birju. For a little while, there was silence in the atmosphere. But Birju did not pay attention to anything around and he kept walking in his enthusiasm.



Birju reopened his tea shop. Now he greeted everyone with a smile. At the back of his mind, he was always thinking about meeting the Supreme. His eyes were always looking for the person, who would give him God's message.

The thugs, who hit him the day before, came again to his shop in the afternoon. On seeing them, his anger resurfaced for a second. But immediately he remembered his previous birth and his cruelty towards them. His outlook changed in a second. He smilingly greeted them and offered them seats. They mistook his hospitality for his fear towards them. But Birju served them tea very lovingly. Then, he also apologized to all them.

Birju: I seek your forgiveness. What I did to you all, was very wrong. Please forgive me.

Birju was seeking forgiveness from the heart, without any pretense. Those men looked at each other in astonishment, on seeing Birju apologizing. They could not understand why Birju was apologizing, as they were the ones who wronged him. They remained silent for a few seconds. Then, one of them asked Birju as to why he was apologizing.

Birju: I'm asking for your forgiveness, not for my actions in the present birth, but for my mistakes in the past birth. Kindly forgive me.

Those thugs could not understand what Birju said. They too thought that he has gone mad. After discussing among them, they left the place silently.



Dusk set in. During the whole day, Birju had been lost in the happiness that very soon he is going to meet the Supreme Soul in the corporeal form. Gradually it became dark. On that day Birju did not close his shop at his regular time. Instead he was waiting for the person, who will bring God's message to him. After waiting for a long time, he decided to close his shop. It was at that time, he saw a young man, dressed in white, distributing some leaflets. Birju immediately went to that young man and asked him –

Birju: O brother, what are you distributing leaflets for?

Young man: (Smilingly) My brother, this is God's message. I have come to give the good news to all those present here that God has incarnated on this earth. You too take this leaflet.

Birju understood that his wait has come to an end. The person, he has been looking for the whole day, is before him now. His heart overflowed with happiness. Birju took a leaflet from that young man and then the young man left that place. Birju stood there for a long time looking at the young man walking away. He was so happy that he even forgot that he is illiterate. By the time he realized this, the young man had gone. Then Birju was reminded of an acquaintance, who is literate. He immediately went to that person and asked him to read the leaflet.

Birju's acquaintance: Ah Birju, you seem very happy today, what is the reason?





Birju: Today I'm in an ecstatic state. Look at this leaflet, which was given to me by a young man. He said that it is God's message. Can you read it for me?

Birju's acquaintance: (Reading aloud from the leaflet...) Arise, awake... God has come in Bharat! Dear Soul, God Father, the Supreme Soul, Shiva, who is the Father of all of us (souls) has come to the earth from the Supreme Abode to liberate us from sorrow and to absolve us of our sins. God has come to teach all of us Rajayoga and to purify us again.

On reading this, Birju's acquaintance began to laugh...

Birju's acquaintance: What nonsense is this! All this is a lie. I know these people. They just talk rubbish. They are making a fool of everyone. How did you fall for this? People say that they do some kind of magic. You better stay away from them.

Birju: Have you gone to their place before?

Birju's acquaintance: No, I have never been. I'm sharing with you whatever I have heard from other people.

Birju: Without seeing for yourself, how can you say that all of this is a lie? Do you know... I had a very divine experience in my dream last night. In that, God Himself told me that He has incarnated on this earth at the present time. I will definitely go there. You too come with me. Who knows... we might actually attain God.



Birju's acquaintance: No, no... keep me out of all this. I don't want to spoil my life... I'm scared.

Birju: Ok, fine... no need to come, if you don't want to. But at least tell me if any address is given in this leaflet?

Birju's acquaintance: Yes, there is one address given here at the bottom.

Birju's acquaintance read out the address to Birju. Birju went to that location by himself. After getting directions from a few people, he reached the centre of Brahma Kumaris. He happily went inside. The Brahma Kumaris Sisters welcomed him warmly and took him to meditation room.

In that room, a Brahma Kumari Sister was sitting in deep meditation along with a few other brothers and sisters. There was deep silence in that room. There was divinity on everyone's face. Birju also sat there silently. Never before had he experienced such deep peace in his life.

After meditation, one of the Brahma Kumaris Sisters took him into another room, where another Brahma Kumari Sister was giving Godly Knowledge. Birju was very happy to see the selfless attitude of all the sisters there. The Sister in that other room explained knowledge to Birju. First, she gave the introduction of God, followed by the knowledge of the soul.

The Sister gave him the same knowledge that God gave him in his dream. Birju was totally convinced that this is true knowledge given by God Himself. Birju learnt the method of Rajayoga meditation at the centre.



Birju started going to the Brahma Kumaris centre regularly. He liked Godly Knowledge very much. The practice of Rajayoga meditation filled his life with happiness. His life was totally transformed now. Birju, who used to be sorrowful and short-tempered, is now a happy person. Birju, who was once addicted to alcohol, dislikes it now. He is creating an elevated fortune for himself, by following the elevated directions (Shrimat) of God. The knowledge of karma has shown him a new direction in life.

This transformation in his life has been an inspiration to his wife and many others. All of them came to the centre to attain Godly Knowledge. Many positive and beneficial changes have taken place in their lives too.

Then came the day for Birju to meet God in the corporeal form. That day brought unlimited happiness with it for Birju. On that day, he was in front of God listening to His elevated versions. After meeting God, Birju's faith in God became all the more strong. He also had firm faith that God Himself has incarnated in this old world to reestablish the new world. Then he became completely cooperative - with his mind, body and wealth - in God's divine task.

The knowledge of karma is not only for Birju, but is for every soul in the world. Karma is that pen, with which every person writes his destiny. Regarding to meet God, you too can meet Him. You can also go to a nearby Brahma Kumaris Centre and imbibe Godly Knowledge. You can also make your life divine and spiritual. If not now, then never.

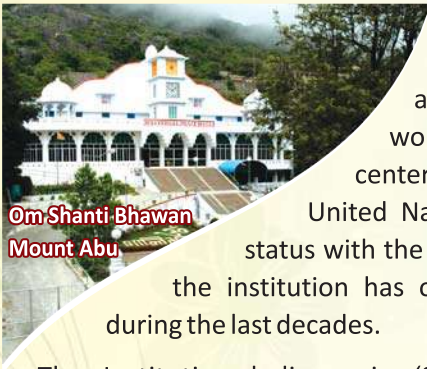
Om shanti.

# Disheartenment to Cheerfulness

by Dadi Janki

- Don't engage too many thoughts on the 'reasons' behind situations, Work on the solutions.
- Maintain elevated good feelings for the family. Their nature should not change your sanskars.
- Use the course of realization to end yours and others' weaknesses.
- My cheerful face will end the sorrow of others and spread peace.
- Cheerfulness is the result of diving into spiritual knowledge.
- My face can bloom when I maintain a spiritual outlook.
- The nourishment of happiness makes us strong.
- I can only share when my treasure-store of happiness is full.
- Do not accept even a 'pinch of sorrow' from people or situations.
- Follow God's elevated teachings and you will never have to lower your head.
- Inner stability means neither arrogance nor low self-esteem.
- Visualize the world by being the Knower of the Three aspects of Time.
- Earn an income naturally by valuing all the attainments received from God.

## Introduction: Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya



Established in 1936, Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is an International Spiritual Organization, working towards world peace. It has 8500 centers in over 139 countries. Affiliated to the United Nations as an NGO, having consultative status with the Economic & Social Council and UNICEF, the institution has organised major international projects during the last decades.

The Institution believes in 'Self Transformation leads to World Transformation'. It focuses on understanding the self, our inner resources and strengths, thus developing the highest level of personal integrity. The Institution conducts courses in Rajyoga Meditation & Self-development Programmes, free of charge as a service to the community.

Rajayogini Dadi Janki is the administrative head of this Institution and its Headquarter is at Pandav bhawan, Mount Abu, Rajasthan, India.

[www.brahmakumaris.com](http://www.brahmakumaris.com)

[www.bkwsu.org](http://www.bkwsu.org)