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7 days RajYoga Course

Godly Knowledge of the Creation and the Creator

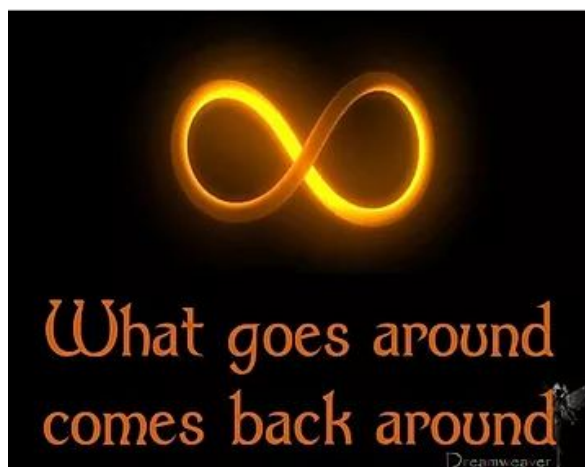
(Read - Listen - Watch - Understand - Become)



The Aim of 7 Days RajYog Course is:

Consciousness & Self-realisation
Connection & Relationship with God
The Three Worlds
The Cycle of Time
The Law of Karma
The 8 Powers of a Soul
Four Subjects
Rajyoga Meditation

5. Karma - Law and Living



Life is NOT predestined as many of us believe. Instead one shapes his future by his own deeds / actions (*karma*).

Karma is our actions, whatever we do with our organs, even what we think in our mind is a Subtle form of *Karma*. As our thoughts are, so are our actions. *Karma* can be understood as a cycle of action and reaction.

Why am I here? Why was I born here in this family? Why is she beautiful and me ugly? Why does someone obtain outstanding worldly success? Why is one person extremely rich and many are poor who do not have enough food to even survive? Why did he do that to me? Why this or that?
Does God decide the life for everyone? NO.

The answers lie in one eternal truth – based on the Law of *Karma* or The *Karma* Philosophy – that no one can escape the result of his *karma*. Depending on the bad or good *karma* or action or deeds, one will suffer or enjoy, either in this or the next life. There is no end to life. We souls are on an unlimited journey and will take the next birth according to the *Karma* we perform in present life. No one can escape the result of *karma*. **The law of *Karma* is inviolable.**

Hence everyone must act with a sense of consciousness. We must acquire the right knowledge of what is good and what is bad action.

The Right Karma: Actions in line with soul's innate nature (i.e. Peace, Love, Bliss, Happiness, Harmony) & which is not done under the influence of any of the vices (Lust, Anger, Greed, Attachment, Ego, Jealousy, Hatred) is called the Right *Karma*. One needs to detach himself and check the quality of his/her thought at thinking level, whether it's of the right energy or wrong. In simpler words, *Karma* is the energy the soul radiates out into the world. And whatever energy gets radiated out from me, comes back to me, which we call fate / destiny. For e.g. the most essential and righteous *karma* (which is the need of an hour) is to have pure sight towards every being on the planet, i.e. accepting celibacy as a natural way of life.

The Wrong Karma: Any *Karma* done under the influence of body-consciousness (the vices) depletes soul's energy because it is opposite to the innate nature of a soul. It also radiates negative energy to the ones connected to him/her & to the surrounding atmosphere.

The morale of the story – I have to do right *karma* for my benefit; it is not for showing it to anyone outside.

Every human action has a moral aspect. If a person's certain act is morally good, the person gets ultimately benefited. If, on the other hand, his acts are morally bad, he suffers. This way the world runs. Deep inside every person (soul) understands what is right and what is wrong.

Actions done under body-consciousness (under the influence of vices) are negative *karmas*, which radiates negativity to my energy field, to my organs (health), to my relationships, to the atmosphere. This leads to disharmony, imbalance and conflicts in 'my world'.

On the other hand, if a person acts with the feeling of love (not attachment), equality, harmony, peace, bliss (i.e. soul-conscious state) then he's radiating positive/elevated energy benefiting himself with good emotional and physical health, harmonious relationships and pure/elevated atmosphere.

Thoughts and *Karma*

Every action is preceded by thoughts. The most powerful instrument that mankind possesses is thought power. Thoughts build our consciousness and shape our attitude. One needs to know how important thoughts are. Every human creation we see in this world is due to powerful thoughts in human minds. Thoughts shape our world. Thoughts are fertilized by knowledge. A person with a certain kind of knowledge usually creates thoughts in harmony with that knowledge. Knowledge gives wisdom; a person without knowledge is a person whose thoughts will be formed in ignorance.

The quality of thoughts determines the quality of our *karma*. The *karma* in turn has a good or bad effect on us. This again influences our thinking. So right thinking based on right knowledge is essential for leading a peaceful and contented life. **RajaYoga Meditation helps us in doing the right thinking that leads to righteous actions.** This also helps in remaining mentally strong amidst turbulent situations.

Secrets of Karma



Secrets of Karma - part II



Karma or Bhagya



Settle your Karmic account



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